hacking as well as for racing and they are often willing to lend them to those interested in riding. With the exception of a few horses owned by Europeans, the remainder in Bahrain are the property of H.H. The Ruler, of the State Police and of other members of the Ruling Family. The keeping of horses in Bahrain is an expensive matter as the cost of fodder is high.

There are at the time of writing only two race meetings a year, these are held at the Manama Racecourse on Jufair Road. The race meetings take place in the spring and autumn, but it is hoped shortly to increase their number. The Races are run by a committee which receives the full support and patronage of the Ruler and there is a Totalisator under Government control. The races are very popular in Bahrain and not only is the Enclosure always packed with many hundreds of Arabs and Europeans but the whole length of the track is lined with onlookers who during the morning of the races come in buses, taxis and on foot to the Racecourse. The races vary in distance from four furlongs to one mile, some are handicaps and others are open. The Race Meetings of Bahrain are one of the social events of the year and people come from Dhahran and Qatar for the occasion. The brightly coloured dresses of the ladies, the equally colourful clothes of the Arabs and the more sombre get-up of the Englishmen are worthy of this Gulf Ascot !

Bathing. Around the shores of Bahrain are a number of excellent beaches, particularly to the south of the island, away from the villages. Unfortunately the coast of Bahrain is so shallow that it is often necessary to walk for a long way into the sea before deep water is reached. Swimming and picnicing is particularly pleasant at Ras al-Barr and along the west coast of Bahrain below Zellaq. There is no real danger from swimming in the sea, sharks are very rarely seen and it is only the occasional ray that should be treated with respect. Swimming shoes are, however, very necessary as the sharp coral stone in many places along the coast causes bad cuts which are liable to go septic. At Zellaq there is the BAPCO Plage which, in the summer, sees an attendance of over 50 a day and as many as 200-300 bathers at week-ends.

There are a number of places for fresh water bathing, the Pool at Adari is very pleasant but in the summer is inclined to be crowded. There are also pools at Ain Hakim, Sitra and elsewhere. At Awali there are two swimming baths and the Gymkhana Club also possesses a large bath situated in very attractive surroundings. In all the natural springs and in the baths which receive their water direct from artesian wells, the water has a temperature of about 83 degrees ; this remains the same in winter and in summer so that in the former the water seems warm, in the latter, cool.

Other Sports. In addition to these activities it is possible to play many other games in Bahrain, including tennis, golf, hockey, cricket, volley-ball, football, etc.

There are a number of public and private tennis courts in Bahrain, in Awali the courts of the BAPCO Club, and in Manama the Bahrain